October 2015

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 FB Away | 3 |
|  |  |  |  |  |  |  |
| 4 | 5 | 6 | 7 | 8 | 9 FB Brady | 10 |
|  |  | Open gym 6:00 – 8:00 |  | Delp Shooting 6 – 7 Open gym 7 – 8:pm |  | Workout  10 am North |
| 11 | 12 | 13 | 14 | 15 | 16 FB Brady | 17 |
|  |  | Open gym 6:00 – 8:00 |  | Delp Shooting 6 – 7 Open gym 7 – 8:pm |  | Workout  10 am North |
| 18 | 19 | 20 | 21 | 22 Vball | 23 FB Brady | 24 |
|  |  | Open gym 6:00 – 8:00 |  | \*Delp Shooting 6 – 7 \*Open gym 7 – 8:pm  \*at Wood |  | Workout  10 am North |
| 25 | 26 | 27 | 28 | 29 no school | 30 no school | 31 |
|  |  | Open gym 6:00 – 8:00 |  |  |  |  |
|  |  |  |  |  |  |  |
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November 2015

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Off | Off | Open gym 6:30 – 8:00 | Off | Off | Off | Work Conessions at north |
| 8 | 9 | 10 | 11 no school | 12 | 13 | 14 |
| Work Concessions at North | First Day of practice  3:00 – 5:30 | Practice 3:00 – 5:30 | Practice 3:00 – 5:30 | Practice3:00 – 5:30 | Practice 3:00 – 5:30 | Varsity Scrimmage  Cedar Rapids kennedy |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| Off | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | No Practice |
| 22 | 23 | 24 | 25 No School | 26 No School | 27 No School | 28 |
| Practice 10 am  Dancing with the stars | Practice 3:00 – 5:30 | Practice 3:00 – 5:30 | Practice 2:00 – 4:30  \*Varsity Only | Thanksgiving | Varsity at Waterloo  5:00 | Varsity at Waterloo  6:30 |
| 29 | 30 |  |  |  |  |  |
|  | Practice 5:30 – 7:30 |  |  |  |  |  |
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December 2015

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | At Burlington  6:00/7:30 |  |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Practice at **Wood**  **5-7 pm** | Practice 3:00 – 5:30 | North Scott-home  6:00/7:30 | Practice 3:00 – 5:30 | Practice 3:00 – 5:30 | At PV  6:00/7:30 |  |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Practice 5-7 pm | Practice 5:30 – 7:30 | At Central  4:15/6:00 | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | Muscatine-Home  6:00/7:30 | NGBA Tourney  (concessions) |
| 20 | 21 | 22 | 23 No School | 24 No School | 25 No School | 26 |
| NGBA Tourney  (concessions)  Practice 5-7 pm | Practice 3:00 – 5:30 | Dubuque Hempstead  Home | No Practice | No Practice | No Practice | No Practice |
| 27 | 28 No School | 29 No School | 30 No School | 31 No School |  |  |
| No Practice | Practice 9 am – 11 am | Practice 9 am – 11 am | JV Pract 9 am – 11 am Varsity scrimmage at IA City West - TBA | Practice 9 am – 11 am |  |  |
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January 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | No Practice | Practice 10 am - noon |
| 3 | 4 No School | 5 | 6 | 7 | 8 | 9 |
| Practice 10 am - noon | Practice 3:00 – 5:30 | At Clinton  4:15/6:00 | Practice 3:00 – 5:30 | Practice 3:00 – 5:30 | Assumption  4:15/6:00 | At Fremd High School Varsity - 6:00 pm  JV - TBA  Chicago IL |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  | Practice 5:30 – 7:30 | AT North Scott  6:00/7:30 | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | Burlington – Home  6:00/7:30 |  |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Practice 5-7 pm | Practice noon-2 pm | UT-Home  4:15/6:00 | Practice 3:00 – 5:30 | Practice 3:00 – 5:30 | West –Home  6:00/7:30 | At Cedar Rapids Wash  1:00/2:30 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  | Practice 5:30 – 7:30 | At Bettendorf  6:00/7:30 | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | PV – Home  6:00/7:30 |  |

February 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Practice 3:00 – 5:30 | Central – Home  4:15/6:00 | Practice 3:00 – 5:30 | Practice 3:00 – 5:30 | At Muscatine  6:00/7:30 |  |
| 7 Super bowl | 8 | 9 | 10 | 11 | 12 | 13 |
|  | Practice 5:30 – 7:30 | Clinton – Home  4:15/6:00 | Practice 5:30 – 7:30 | @ Assumption  6:00/7:15 |  |  |
| 14 | 15 No School | 16 | 17 | 18 | 19 | 20 |
|  | Practice 3:00 – 5:30 | Practice 3:00 – 5:30 | 1st round regional | Practice 3:00 – 5:30 | Practice 3:00 – 5:30 | 2nd round regional |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  | Practice 5:30 – 7:30 | Sub state Championship | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 | Practice 5:30 – 7:30 |  |
| 28 | 29 | 1 | 2 | 3 | 4 | 5 |
|  |  | State | State | State | State | State |
|  |  |  |  |  |  |  |
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March 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | State | State | State | State | State |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|  |  |  |  |  |  |  |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
|  |  |  |  |  |  |  |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
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| 27 | 28 | 29 | 30 | 31 |  |  |
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April 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  |  |  |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
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| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
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| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
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May 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  |  |  |  |  |  |  |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|  |  |  |  |  |  |  |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
|  |  |  |  |  |  |  |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
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| 29 | 30 | 31 |  |  |  |  |
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June 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
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| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
|  |  |  |  |  |  |  |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
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| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
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| 26 | 27 | 28 | 29 | 30 |  |  |
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July 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  |  |  |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|  |  |  |  |  |  |  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
|  |  |  |  |  |  |  |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
|  |  |  |  |  |  |  |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|  |  |  |  |  |  |  |
| 31 |  |  |  |  |  |  |
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August 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  |  |  |  |  |  |  |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
|  |  |  |  |  |  |  |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|  |  |  |  |  |  |  |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
|  |  |  |  |  |  |  |
| 28 | 29 | 30 | 31 |  |  |  |
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September 2016

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  |  |  |  |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|  |  |  |  |  |  |  |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|  |  |  |  |  |  |  |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
|  |  |  |  |  |  |  |
| 25 | 26 | 27 | 28 | 29 | 30 |  |
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